PUBLISHER'S PONDERINGS By Lisa Browning

It is just before noon on Thanksgiving Monday when I am writing this piece. It has taken me longer than I thought it would, to get the premiere issue of *Roots & Wings* up and running. But the reason for that is a good one ... took some needed time for myself, rather than stressing myself out in order to get the first issue up for the first of the month. I'm learning, it seems!

If you are familiar with my Facebook page, you will be well aware of the struggles I've had since the mandated isolation as a result of Covid-19. It has been an incredibly challenging time for so many of us, and we're certainly not out of the woods yet.

But I take comfort in knowing that, even from a distance, there are many people in my life who care and are concerned about me.

After ten years of publishing *One Thousand Trees* magazine, I decided it was time to focus on something new. And mental health, for me, is clearly the issue on which I need to focus.

I am very grateful to all those who have written articles for this issue ... especially those who have committed to writing regularly!

I am also very excited to announce the upcoming publication of a book of the poetry of Edward Pickersgill. Please go to our "Books and Current Projects" page for more information.

As the magazine, and *Roots & Wings* in general, are both new ventures, I would love to hear from you with feedback, suggestions, etc.

Stay well.