## A Job Well Done

## by Colleen Heighington

If you just happen to be one of the nice people who have read some of my writings, you may know that I did decide to get my first Covid 19 vaccine shot and I am so glad that I did. After much thought, I had a change of heart because I felt that it was the right thing to do. Not only does it benefit me, but it also protects my family, friends and complete strangers. It is a nice feeling to know that I have joined so many others in trying to gain some control over Covid 19. If some of you are still hesitating about getting your shot, perhaps a call to your family doctor or Health Centre might be a good idea in order to clear up any issues or concerns that you may have. This is what I did and it gave me peace of mind.

With the go ahead, my husband booked my appointment along with our son and we were scheduled to have our first shot within a few weeks at the University of Guelph. Our appointments were made on the same day and nearly at the very same time. That was both awesome and so convenient.

My husband had already received his first shot at the university so he knew exactly where to go. From the moment that we parked our car until the time that we got back to the car, we were so impressed on how everything had played out. The volunteers all had smiles on their faces and gave us a warm welcome. That day, the weather was freezing cold but you wouldn't have known it as they happily directed us to the main entrance for the screening process. One of the volunteers, a young man, was smiling laughing and joking around which made us all laugh!!! You don't see that too often!!!

We then proceeded to the main office for the registration which went very smoothly and the next thing you knew, we were sitting in the chair awaiting to receive our shot. The nice doctor was very pleasant. She didn't make me feel rushed as she asked me the required questions and told me right up front, that the second shot would be at least 4 months away. I nodded for the go ahead and within a few seconds, she had already put a bandage on my arm and asked me how I was feeling. I didn't feel a thing and told her that I was feeling fine and with that being said, I followed the arrows on the floor to the main sitting area for the required 15 minutes to make sure that there were no serious side effects from the vaccine shot. I looked around and all I saw was the smiling faces of the volunteers asking us how we were all doing. After the 15 minutes was up, I got up and went to the exit location and received a photocopy confirming that I had the first shot for Covid 19. I told the lady who gave it to me that I was very impressed on how everything had gone and she smiled and said Thank You. My son and I had no side effects other than a sore arm for a day or two. We are all awaiting for the call to have our second shot and we are looking forward to receiving it.

A special thank you to all of the volunteers at the University of Guelph (you know who you are). A Job Well Done and may God Bless you all !!!!!